




**Tiago Torres, MD, PhD**

Integrated PhD Researcher

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**Academic degrees:**

Graduation, Medical Doctor (1998-2004) - University of Porto

Dermatovenereology Specialist training (2006-2012) – CHP

PhD in Medical Science (2014); ICBAS-UP

**Positions:**

- Dermatologist – Department of Dermatology, CHP
- Associate Professor of Master Degree of Medicine, since 2016 – ICBAS

**Research interests:**

- Psoriasis
- Atopic Dermatitis
- Immune-mediated diseases

**Research area keywords:**

Psoriasis, Dermatitis, Immune – mediated, Dermatology

**Selected publications:**

- Torres T, Puig L. Apremilast: A Novel Oral Treatment for Psoriasis and Psoriatic Arthritis. Torres T
- Torres T Selective Interleukin-23 p19 Inhibition: Another Game Changer in Psoriasis? Focus on Ri
- Torres T, Raposo I, Selores M. IL-17 Blockade in Psoriasis: Friend or Foe in Cardiovascular Risk?
- Torres T, Romanelli M, Chiricozzi A. A revolutionary therapeutic approach for psoriasis: bispecific I
- Pereira R, Faria R, Lago P, Torres T. Infection and Malignancy Risk in Patients Treated with TNF I

**Prizes, honors, awards:**

Janssen Immunology Real World Evidence Award 2017: HLA-Cw \* 0602 as a marker of therapeutic resp

Better Oral Communication scientific meeting: Pharmacogenetics in psoriasis: HLA-Cw \* 0602 as a mar

Better Poster presentation in scientific meeting: Immunogenicity to Adalimumab in patients with psoriasis

Better Poster presentation in scientific meeting: Psoriasis and coronary artery calcification Inês Raposo,

Better Poster presentation in scientific meeting: Impact of an educational session for psoriasis patients c

Better Poster presentation in scientific meeting: Tratamento da pustulose palmoplantar com ustekinumab

Better Poster presentation in scientific meeting: Treatment of oral erosive lichen planus with topical tacrolimus

Newspaper articles about Mariana P. Monteiro:

**Lane, C. (2017, November 21). Simple test predicts diabetes remission following weight loss surgery. *UCL*. Retrieved from <http://www.ucl.ac.uk/news/news-articles/1117/211117-bariatric-surgery-diabetes>**

Noronha, N. (2016, December 9). Investigadora Portuguesa integra estudo europeu sobre diabetes. *Sapo Lifestyle*. Retrieved from <https://lifestyle.sapo.pt/saude/noticias-saude/artigos/investigadora-portuguesa-integra-estudo-europeu-sobre-a-diabetes>

**Unknown. (2016, September 23). Prof.<sup>a</sup> Doutora Mariana Monteiro sobre a tríade diabetes, obesidade e fertilidade. *News Farma*. Retrieved from <http://www.newsfarma.pt/noticias/4322-prof-%C2%AA-doutora-mariana-monteiro-sobre-a-tr%C3%ADade-diabetes,-obesidade-e-fertilidade.html>**

Unknown. (2016, April 20). 1.º Simpósio de Diabesidade e Fertilidade em setembro. *My Diabetes (News Farma)*

. Retrieved from

<http://www.mydiabetes.pt/iniciativas/206-1-%C2%BA-simp%C3%B3sio-de-diabesidade-e-fertilidade-em-setembro.html>

**Unknown. (2016, January 19) UMIB organiza evento para aproximar investigação da indústria farmacêutica. *News Farma***

**. Retrieved from**

**<http://www.newsfarma.pt/noticias/3399-umib-organiza-evento-para-aproximar-investiga%C3%A7%C3%A3o-da-ind%C3%BAstria-farmac%C3%AAutica.html>**

Unknown. (2015, July 27). UMIB Summit: Invicta recebe primeiro evento na área da Biomedicina. *News Farma*. Retrieved from

<http://www.newsfarma.pt/artigos/2939-umib-submmit-invicta-recebe-primeiro-evento-na-%C3%A1rea-da-biomedicina>

**Unknown. (2015, June 23). [UMIB Summit 2015: reunião multidisciplinar para a investigação translacional.](#)**

***News Farma.***

**Retrieved from**

**<http://www.newsfarma.pt/noticias/2816-umib-summit-2015-reuni%C3%A3o-multidisciplinar-para-a-investiga%C3%A7%C3%A3o-translacional.html>**

**Unknown. (2011, July 11). Mariana Monteiro, 39 anos. *Correio do Porto***

**.**

**Retrieved from**

**<http://www.correiodoportoperto.pt/do-porto/mariana-monteiro-39-anos>**

Newspaper articles (authorship):

**Monteiro, M. P. (2017, February 8). Multiomics a caminho do tratamento personalizado da diabetes. O futuro?.**

***My Diabetes (News Farma)***

**. Retrieved from**

**<http://www.mydiabetes.pt/opini%C3%A3o/395-multiomics-a-caminho-do-tratamento-personalizado-da-diabetes-o-futuro.html>**

Interviews:

Monteiro, M. P. (2016, September 23). Interview by *News Farma*. Prof.<sup>a</sup> Doutora Mariana Monteiro sobre a tríade diabetes, obesidade e fertilidade.

Retrieved from

<https://youtu.be/s9R-X9YK004>

**Monteiro, M. P., Ramos, M. J. (2015, September 28).**

**Interview by *University of Porto*. Futuro da investigação em biomedicina em debate no ICBAS.**

**Retrieved from**

**[youtu.be/mqIZhTPd600~](https://youtu.be/mqIZhTPd600~)** [https://](https://youtu.be/mqIZhTPd600~)

**Monteiro, M. P. *et al.* (2015, April 13). Interview by *RTP1*, broadcasted by**

***University of Porto.***

**ICBAS faz 40 anos de ensino superior. Retrieved from**  
**<https://youtu.be/iQ1mPWOCG0w>**

**Monteiro, M. P. (2015, September 17). Interview by *New s Farma*  
, broadcasted by  
*ViewTV***

**Prof.<sup>a</sup> Doutora Mariana Monteiro: Ponto de situação da diabetes.**

**Retrieved from**  
**<https://youtu.be/PS9KbnoYFdw>**

**Monteiro, M. P. (2012, June 6). Interview by *APDPdiabetes*.  
Mariana Monteiro dá a Cara pela Diabetes. Retrieved from**  
**<https://youtu.be/8OSKaPgpb8E>**

TV shows:

Monteiro, M. P. Diabetes, Sociedade Civil (RTP 2, 2013) : <https://www.youtube.com/watch?v=uHtqP0GcXcU>

Monteiro, M. P. Diabetes, Praça da Alegria (RTP 1, 2016): <http://media.rtp.pt/praca/videos/consultorio-da-praca-diabetes/>

Monteiro, M. P. Diabetes, Consultório (Porto Canal, 2017):

[http://portocanal.sapo.pt/um\\_video/twW1zbVwFyflbfdzq8qL/](http://portocanal.sapo.pt/um_video/twW1zbVwFyflbfdzq8qL/)

Monteiro, M. P.. Participação portuguesa no Consorcio Europeu para o Estudo dos Determinantes de Remissão da Diabetes. Mentres que Brilham (Porto Canal, 2017)